

Autumn 2024

SEASONS

Reaching out to seniors to provide inclusiveness



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Communicare 65th Anniversary and AGM

Our Supporters: Auckland Airport Trust and Howick Lions visit Howick Centre

Education Open Day

Meet our new Activities Coordinator

Welcome to new staff

Our Supporters



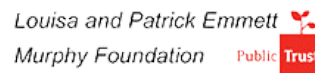
Anrie TM/
Activities
Coordinator



Calm Mijares
Blockhouse Bay/
Henderson/TM
Coordinator



Tracey Stimpson
Epsom and TM
Coordinator



Maurice Paykel
Charitable Trust



Helen Stewart Royle.
Charitable Trust
Managed by Public Trust

Contact Details

Communicare CMA Support Office
14 Erson Avenue Royal Oak
PO Box 24 535
Royal Oak
Auckland 1345
Phone: 09 631 5968
E: office@communicare.org.nz

FOCUS ON...



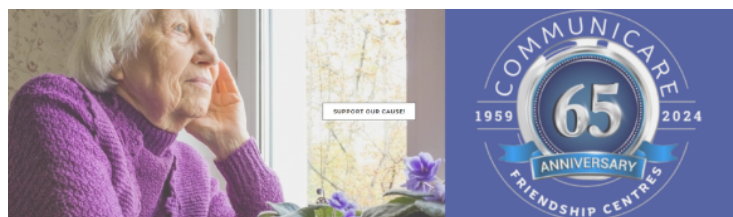
Communicare Turns 65



🎉 Celebrate Communicare's 65 Years of Friendship and Support! 🎉

Join us in commemorating this remarkable milestone and the enduring bonds forged within the Seniors Friendship Group. With 500 individuals enjoying Communicare, we're thrilled to share this journey of companionship, connection, and shared memories.

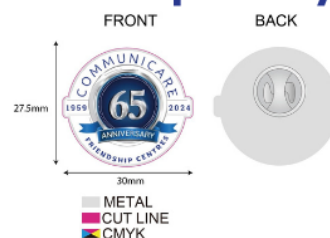
To mark this occasion, we're excited to announce the upcoming sale of exclusive commemorative pins for just \$3 each! Plus, don't miss out on the festivities at all centers over the coming months. Let's toast to 65 years of friendship and countless more to come! To order talk to your Coordinator or go online www.communicare.org.nz



Enrich Communicare's cause!
Purchase a 65th Anniversary
Communicare lapel pin for just \$3



Your support creates change.
Wear it proudly!



communicare.org.nz

2024 AGM

The Annual General Meeting (AGM) is an important event where members of an organisation come together to discuss key issues that they feel are important to them and meet with the Trustees of Communicare. Information on our Trustees is in this issue or online www.communicare.org.nz/governance

When: Saturday 11th May 2024

Where: St Davids in the Field, 202 Hillsborough Road. (Pink Room)

Time: 10am to 12pm

RSVP 30 April 2024 to PH 09 631 5968

FRIENDSHIP GROUPS

Monday

Mt Roskill

St Johns Presbyterian Church
422 Mt Albert Rd,

Glen Eden

Glen Eden Community
and Recreation Centre,
45 Glendale Road

Open School Holidays

Pukekohe

Plunket Building
cnr Edinburgh & Wesley St

Pakuranga

Te Tuhi
13 Reeves Road

Tuesday

Manukau

Friendship House
20 Putney Way

Massey

Massey Community Hub
385 Don Buck Road

Remuera

St Marks Parish Hall
95 Remuera Road

Wednesday

Henderson

Sturges West Community
58 Summerland Drive

Papatoetoe

Methodist Church Hall
39 Kolmar Road
(Entrance Wentworth Ave)

Howick

All Saints Community
Centre
30 Cook Street

Thursday

Blockhouse Bay

Baptist Church Hall
504 Blockhouse Bay Road

Hillsborough

St David's-in-the-Fields
202 Hillsborough Road

Panmure

St Matthias Anglican
Church Hall
5 Thompson Road

Open School Holidays

Papakura

Baptist Church Hall
44 Clevedon Road

Epsom

Jack Dickey Community
Hall
174 Green Lane West

Centre Opening Hours

Most centres open 9:30am to 12:30pm

Please phone the office to confirm if you are
visiting Ph 09 631 5968

Kindly supported by



Dilmah

For lovers of tea

Looking for a fun and rewarding way to support your community?

Consider sponsoring a Friendship Group! Whether you're a business or an individual looking to make a positive impact, sponsoring a Friendship Group can be a fantastic opportunity to give back.

Not only will you be supporting a valuable cause, but you'll also be fostering connections and spreading joy within your community. Reach out to us today to learn more about how you can get involved and become a proud sponsor of a Friendship Group!

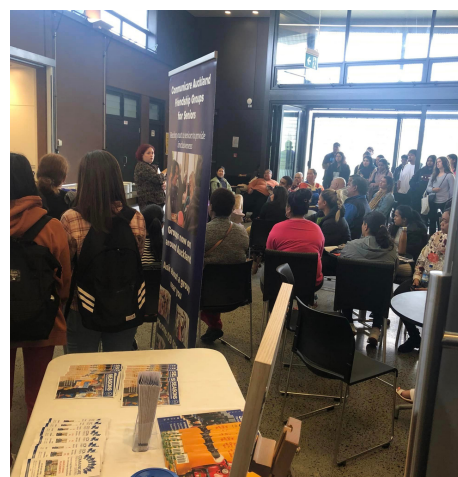
Celebrating Our Supporters

Auckland Airport

During the holiday season, Communicare was honoured to be selected as one of twelve charities to receive a substantial grant of \$12,000 each through Auckland Airport's Twelve Days of Christmas campaign. These grants were made achievable through the generous contributions of travellers who deposited their spare currency into collection boxes situated across the airport terminals in 2023. This donation enabled Communicare to distribute bags of love to our Community.



Auckland Airport Community Trust



Supported by the Auckland Airport Community Trust, Communicare ran its first open day for Educators. This program empowers unemployed youth through hands-on training at senior centre in Papatoetoe and Manukau. Communicare tailors a comprehensive curriculum for long-term unemployed adults and youth, covering healthcare assistance, caregiving, employment consulting, and more. Five students per centre weekly enhance seniors' and the disabled's quality of life through diversional and recreational skills. Participants accumulate 100 hours of training, leading to a Health and Wellbeing certificate. Upon completion, they receive a certificate aiding job seeking, along with placement opportunities. This initiative not only imparts practical skills but also lays the foundation for further formal qualifications, leveraging Communicare's 60-year experience.

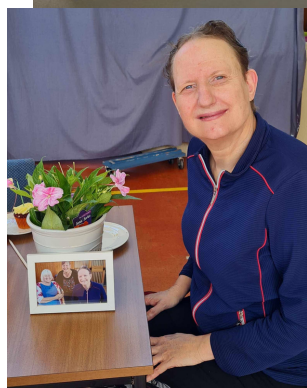
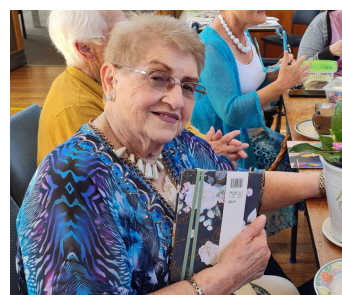
WHAT'S BEEN HAPPENING AT COMMUNICARE

Fun at the Centres



WHAT'S BEEN HAPPENING AT COMMUNICARE

Birthday Wishes



Trips and Outings



WHAT'S BEEN HAPPENING AT COMMUNICARE



Education Open Day

Communicare Manurewa welcomed students and tutors, showcasing the commitment and enthusiasm needed for a profession in aged care and disability support.

By participating in the open day at Communicare, students gained valuable understanding and awareness of the operations at Communicare Friendship Centres.

These education events offer a fantastic opportunity for students to explore career paths, ask questions, and experience the aged care and disability sector firsthand before making crucial decisions about their future. They serve as a valuable platform for individuals to acquire information and make well-informed choices about their educational and career pursuits.

Auckland Airport Community Trust is providing students pursuing health and well-being courses with paid placements at our Manukau and Papatoetoe centres for 2024. This opportunity not only allows students to gain valuable hands-on experience but also supports their educational journey. It's a great initiative to help students develop their skills and contribute to the community.



WHAT'S BEEN HAPPENING AT COMMUNICARE

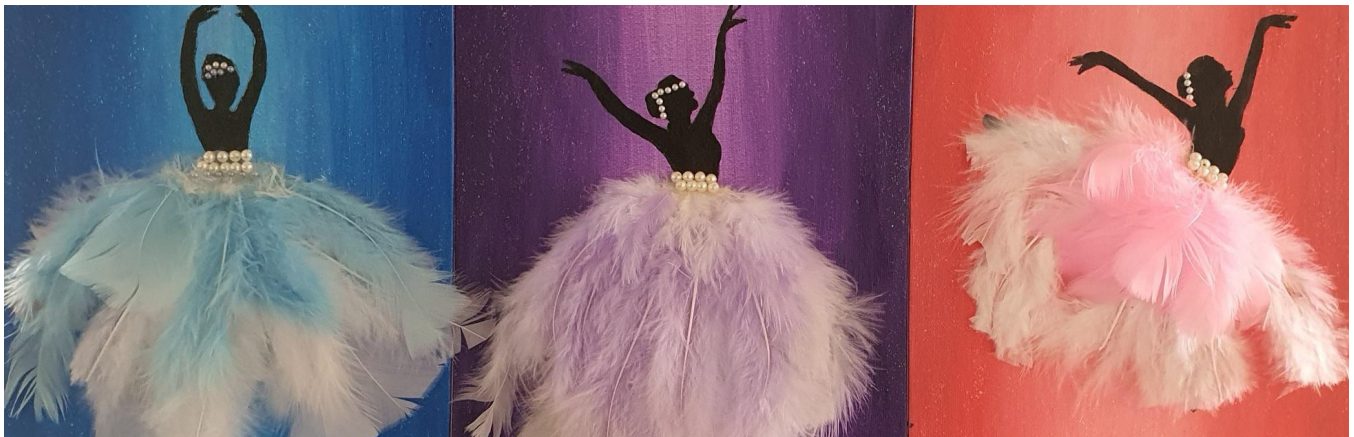
Meet Anrie, Communicare Activities Coordinator



Anrie van den Berg, born in South Africa and living in NZ for 18 years. Growing up on a farm with a very busy mum, she taught me that the best therapy is hard work. I've since learnt that working hard looks different for every individual but the goal remains you achieved something difficult you put your mind to and that's something to be proud of.

Sharing activities and conversations with friends and creating something through crafts can give a person so much satisfaction that it can change one's mindset and create a happier and better you.

My goal for Communicare friendship groups is to bring people together, making them happier and feeling better about themselves, as well as learning a new skill or two!



WHAT'S BEEN HAPPENING AT COMMUNICARE

Howick Lions President Tina and Immediate Past President Neil's Memorable Visit to Communicare Friendship Centre



President Tina and Immediate Past President Neil visited Communicare Friendship Centre in Howick recently. Their experience was nothing short of heart warming as they were warmly welcomed by Coordinator Claudine and all the members of Communicare. The highlight of their visit was undoubtedly the delightful vegetarian lunch provided by Tzu Chi Foundation NZ, adding an extra touch of warmth to the occasion.

Congratulations to Members, Graham and Jane on their wedding.



Communicare, where friendships are formed



Fond Farewell

Violet Smith, Papatoetoe and Manukau Coordinator

Coordinator, Violet, was celebrated with a lunch at Papatoetoe. Violet leaves Communicare and we wish her well. We are sure Violet will pop in and visit us.

We welcome Nishu who is already known to members and volunteers.



Our wonderful Papakura member, Arthur, who we celebrated his 100th birthday last year, passed away peacefully in his home. Communicare extends our deepest condolences and love to his family and friends.

Pat Stenersen, Volunteer Board Member Retires

Communicare's Chairperson, Josephine and board members expressed their gratitude to Pat for her incredible commitment and contributions to Communicare. Pat has committed over 20 years on the Board and her expertise and passion for Communicare will be missed on the Board.



Board members with Pat (1st left)

Board Member Vacancy

We seek a new Board member with a genuine interest and experience in understanding/helping the elderly.

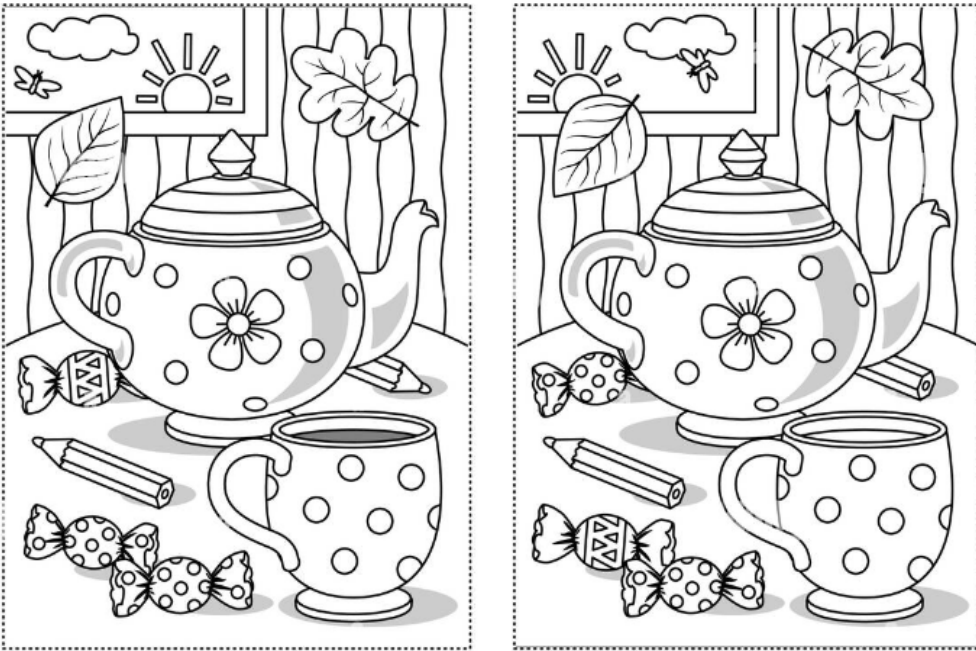
Experience in community development and compassion for vulnerable older people and overcoming social isolation are welcome attributes.

Monthly meetings are held at 6pm on a Wednesday in Royal Oak. There are 11 meetings per annum and they run for approximately 2 hrs. Alternate online and meetups at Royal Oak.

Email your interest to manager@communicare.org.nz

Puzzle Time

Find 10 differences.



Spot the Difference

Sudoku

	3		5	9	4			6
				3	6			2
7				8				5
4	7		3		5	2		
		8				4		
		2	8		7		5	1
9				6				7
	4		2	7				
6			9	5	8			4

Riddles

1. What can run but never walks, has a mouth but never talks, has a head but never weeps, has a bed but never sleeps?
2. What has teeth but doesn't bite?
3. It doesn't matter how little or how much I am used, you change me every month. What am I?
4. What is served but never eaten?
5. What has wheels and flies, but it is not a kind of aircraft?

Answers

2	3	1	5	9	4	7	8	6
5	8	9	7	3	6	1	2	4
7	6	4	1	8	2	9	3	5
4	7	6	3	1	5	2	9	8
1	5	8	6	2	9	4	7	3
3	9	2	8	4	7	6	5	1
9	2	5	4	6	3	8	1	7
8	4	3	2	7	1	5	6	9
6	1	7	9	5	8	3	4	2

1. A river
2. A comb
3. A calendar
4. A tennis ball
5. A rubbish/garbage truck
6. An egg

Puzzle Time

Word Search

Two for Tea

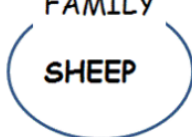


AFTERNOON
AROMA
BAG
BLACK
BOIL
BREW
CAFFEINE
CHAI
CHAMOMILE

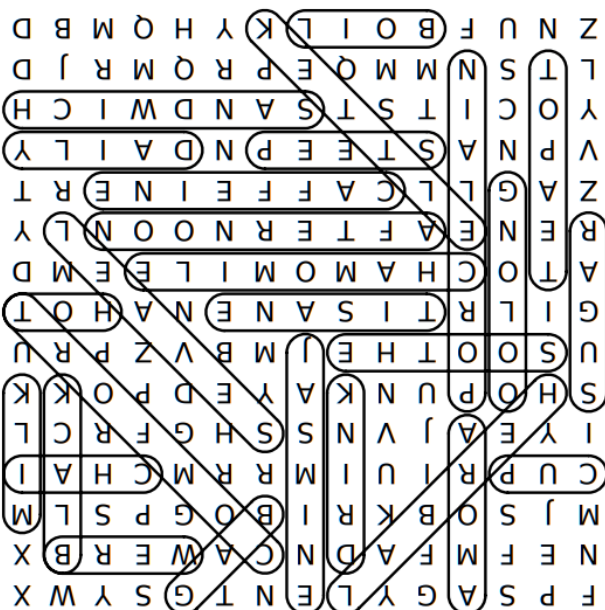
COMFORT
CUP
DAILY
DRINK
HERBAL
HOT
JASMINE
KETTLE
LEAVES

MILK
OOLONG
PORCELAIN
SANDWICH
SOOTHE
STEEP
SUGAR
TEAPOT
TISANE

Rebus

1. FACE	2. EGG EGG HAM
3. BUR	4. THUMBS THUMBS THUMBS THUMBS THUMBS THUMBS...
5. TEEF FEET TEEF	6. FAMILY 
7. po FISH nd	8. ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE
9. TIME a b d e f g h i j k l m n o p q r s t u v w x y z	10. DAYSALLWORK

Answers



1. Red in the face
2. Green Eggs and Ham
3. Backrub
4. All thumbs
5. Two left feet
6. Black sheep of the family
7. Big fish in a little pond
8. Tennis shoes
9. Long time, no see
10. All in a day's work

EVENTS

Communicare Total Mobility Assessment Days



Jack Dickey Community
Hall
174 Green Lane West,
Epsom

28 March
4 April
11 April

10am - 12pm

Parking at back of hall

The Total Mobility scheme is a national scheme which supports people who cannot use public transport to travel, all or some of the time.

Total Mobility customers receive a 75% discount off taxi fare

Tea, coffee, and biscuits will be provided, along with a gold coin raffle.

Ph 09 6315968 or email
office@communicare.org.nz to
book



ARE YOU INTERESTED IN JOINING A Communicare Choir

REGISTER YOUR INTEREST

09 631 5968
OFFICE@COMMUNICARE.ORG.NZ



AUCKLAND COUNCIL LIBRARIES

Pop up Library

Library loans - free Wi-Fi - digital support
Different languages available



Communicare Henderson	Communicare Hillsborough	Communicare Remuera
15 May	20 June	18 June
9 June	19 September	17 September



Meet the Board

Chairperson - Josephine Jardin



Josephine Jardine, current Chair of Communicare, has a career rooted in media as a Creative Director/Producer and Account Executive. Her passion for the elderly community, inspired by her grandmother, drives her involvement. With a love for storytelling, she cherishes community and family, contributing to the board to ensure Communicare's sustainability.

Treasurer- Marijanne Boxall



Marijanne started as a Public Health Inspector before switching to accounting post raising her family. She held part-time accounting positions for 20 years, notably at Communicare. Despite a break for overseas commitments, she returned to volunteer on the board and later became Chair of the Finance committee s and relishes her volunteering role at Communicare

Member - Michael Matthews



Mike began as a KPMG accountant, then ventured into recruitment management, earning a postgrad HR Diploma. He founded and sold two recruitment businesses before transitioning to a part-time role as a Commercial Manager. Married to Michelle, he's a proud father of three sons and a passionate sailor.

Member - Ed Rao



Ed Rao is a Fully qualified Member of Chartered Accountants of New Zealand and Australia with management experience across Crown Owned Public Sector and Private Sector Commercial Entities and has exposure to numerous businesses across Australasia

Member - Carol Wilson



Carol who has a background as Clinical Psychologist, is the General Manager of Community and Disability services within North and West Auckland and has been in Public Health Leadership sector over 30 years.

Deputy Chair- Monika Divis



I joined Communicare in 2019, bringing expertise in organizational development. With roles in advisory committees and not-for-profit boards, I'm committed to supporting Communicare's vital community services. Let's ensure it remains a strong support for all

Member -Aman Dhaliwal



Since July 2021, Aman has been an active board member at Communicare. Leveraging his HR expertise, Aman contributes valuable insights and supports the organisation in policy development. Aman also dedicates his time to giving back to the community as a respected panellist and judge for the RSCA and SEEK awards. Aman's academic background includes studies at the University of Waikato, and he remains dedicated to enhancing his leadership skills through ongoing professional development initiatives.

Member-Parag Bhatnagar




Since 2020, Parag has served as a board member with a keen interest in the digital transformation of Communicare. Outside of the board, Parag leads Intelligent Automation at Health New Zealand. He holds a degree in Electrical Engineering from the University of London and an MBA from the University of Otago.

SERVICE DIRECTORY

ADVERTISE YOUR BUSINESS HERE!

Do you have a product or service that you would like to promote to our members?
Contact the office for deadlines, specifications and pricing.
office @communicare.org.nz

Raywhite.



PREMIUM

Benjamin Neal
Ray White - Ellerslie
Now Realty Limited - Licensed (REA 2008)

021 520 961 | (09) 525 2600



Auckland Transport Total Mobility scheme

Communicare is an agent for the Auckland Transport Total Mobility scheme.

For more information, or to arrange an assessment, call the office on (09) 631 5968.

A trained assessor will contact you to make a booking.

Please note, there is a fee for this service (discount rate for Communicare members).



VOLUNTEERS NEEDED



at our Friendship Centre

We are seeking your unique skills:

- Music
- Arts and Crafts
- Kitchen Skills
- Friendly Face
- Muscles



CONTACT

Communicare CMA Auckland
Reaching out to seniors to provide inclusiveness.

09 631 5968

www.communicare.org.nz

Donations over \$5 are tax deductible

Mr/Mrs/Ms/Miss/Other: _____ First Name: _____

Surname: _____

Street address: _____

Town/city: _____ Postcode: _____

Phone: _____

Email: _____

Donation amount

\$10 \$20 \$50 Other

Please charge my credit/debit card:

Name on card _____

: Card Number

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Expiry date: / Signature: _____

CVC:

Or by internet banking: 12-3048-0279446-00

Regular Giving

I would like to give;

Weekly Fortnightly Monthly

Please tick the appropriate box



Registered Charity CC 10692
Please give to a coordinator or cut off
and send this donation slip to:
14 Erson Ave, Royal Oak
P O Box 24535 Royal Oak Auckland 1345