

Winter 2022

SEASONS

The Communicare newsletter



COMMUNICARE
FRIENDSHIP CENTRES

Connecting Older People
He tūhononga kaumatua

IN THIS ISSUE

Jubilee
Celebrations

Thank You,
Tzu Chi Foundation

A Wonderful Life:
Dot Lamb



Welcome

Welcome to the Communicare whānau.



Rebecca
Remuera Friendship Group



Ingela
Massey & Te Atatu Friendship Group



Violet
Mangere & Papatoetoe Friendship Group



Sneha
Mt Roskill Friendship Group



Margaret
Panmure Friendship Group

Contact Us

14 Erson Ave, Royal Oak
P O Box 24 535
Royal Oak Auckland 1345
Hours Mon to Thurs 9am to 3pm
Phone: **(09) 631 5968**

Email: office@communicare.org.nz
Website: www.communicare.org.nz
Facebook: **CommunicareCMA**
Instagram: **CommunicareCMA**

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FOCUS ON...

LEAVING A BUBBLE AT ORANGE LEVEL

Our Coordinators finally feel like they are doing the job that they were employed to do. It has been a very long few years and our best plans to run inclusive friendship groups became a minefield of juggling people, volunteers and health issues, all while ensuring the needs of our members were at the forefront.

With groups all around Auckland, we reluctantly closed our doors while we waited for that orange light. With wonderful support from the venues and community we were able to open the doors again almost as quickly as they closed; however some centres in Auckland took a hit and the doors closed permanently.

Rather than sitting at home waiting for the orange light, with the support of local communities, businesses and funders, the Communicare volunteers and staff hit the streets to ensure that members had a bag of treats and regular socially distanced check-ins. For some members this was the only contact they had.

Then we were able to open again. While we were excitedly preparing

for the centres to open, it never really occurred to us that our members might have lost the confidence to get out and about again. To come out of a single bubble into a group was proving to be overwhelming for some. With the support of staff and volunteers and a gently gentle approach, confidence was quickly restored and we soon saw our members' happy faces again. However, some of our members are still a bit wary and we hope they can gradually be encouraged to come back to their local group. We miss you!

We are now looking to open new friendship centres in suburbs where there is a need. If you do not have a friendship group near you give us a call.

Phone: 09 631 5968



Our Supporters



Reaching out to seniors to provide inclusiveness

Celebrating the Volunteers at Panmure Friendship Group



FRIENDSHIP GROUPS

Central

Avondale – Tuesdays
Avondale Community Centre
99 Rosbank Road Avondale.

Blockhouse Bay – Thursdays
Baptist Church Hall
504 Blockhouse Bay Road

Glendowie – Wednesdays
Glendowie Bowling Club
25 Chelmsford Ave, Glendowie

Hillsborough – Thursdays
St David's-in-the-Fields
202 Hillsborough Road

Mt Eden – Mondays
Greyfriars Church Hall
Windmill Road

Mt Roskill – Wednesdays
Wesley Methodist Church Hall
276 Mt Albert Road
Sandringham

Royal Oak – Mondays
Baptist Church Hall
Cnr Symonds & Erson Ave

Remuera – Tuesdays
St Marks Parish Hall
95 Remuera Road

West

Te Atatu – Thursdays
Te Atatu Bible Chapel
Cnr Waipani and Beach Roads

Massey – Tuesdays
Massey Community Hub
385 Don Buck Road

Henderson – Wednesdays
Waitemata Rugby Club
96 Swanson Road

East

Ellerslie – Tuesdays
St Peters Church Hall
7 Harrison Road

Howick- Wednesdays
All Saints Community Centre
30 Cook Street

Pakuranga – Mondays
Te Tuhi
13 Reeves Road

Panmure – Thursdays
St Matthias Anglican Church Hall
5 Thompson Road

South

Mangere – Tuesdays
Mangere Otahuhu Netball Centre
1 Court Town Close

Papatoetoe – Wednesdays
Methodist Church Hall
39 Kolmar Road

Papakura – Thursdays
Baptist Church Hall
44 Clevedon Road

Pukekohe – Mondays
Plunket Building
cnr Edinburgh & Wesley Sts

Would you like a Group in your area?
Would you love to Sponsor a Friendship Group?

Contact us:
Phone: **(09) 631 5968**
Email: manager@communicare.org.nz

ADVERTISE YOUR BUSINESS HERE!

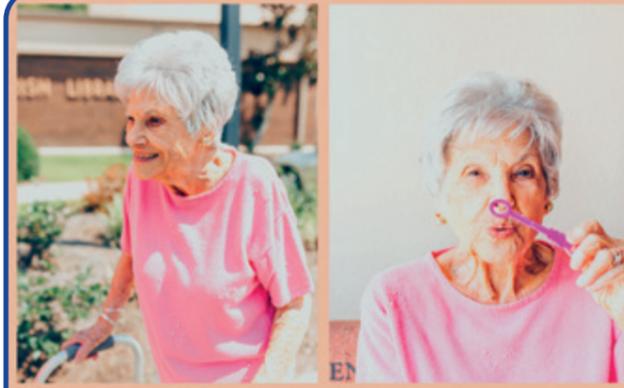
CONTACT US NOW

VOLUNTEERS NEEDED. DO YOU HAVE A SPARE 4 HOURS A WEEK?



COMMUNICARE FRIENDSHIP GROUP FOR SENIORS AUCKLAND
PH 09 631 5986
COMMUNICARE.ORG.NZ

COMMUNICARE FRIENDSHIP CENTRES
Connecting Older People
He tūhononga kōwhiri



BE A DEAR AND VOLUNTEER

REACHING OUT TO SENIORS TO PROVIDE INCLUSIVENESS SINCE 1959

If you enjoy organising activities, love to chat, make a good cuppa. Why not spend the day with a Communicare Group?
Sessions are weekly around Auckland and run from 9am to 1pm

For more information, please call 09 631 5968
You may also email your questions to office@communicare.org.nz
www.communicare.org.nz

THE GOOD LIFE

30 Years of Volunteering

To celebrate NZ Volunteer Week (June 19 to June 25), we would like to showcase **Graeme and Margaret. They have been volunteering for Communicare, Pakuranga for a combined 30 years.**

Graeme has been a Communicare driver for much of his 22 years of volunteering and is also a Life Member. Margaret joined him as a volunteer 8 years ago when she finally retired from paid work. Their smiling faces are the first thing our members see as they arrive at the centre. We thank them for their many dedicated years of volunteering and their boundless enthusiasm.



Celebrating the Jubilee



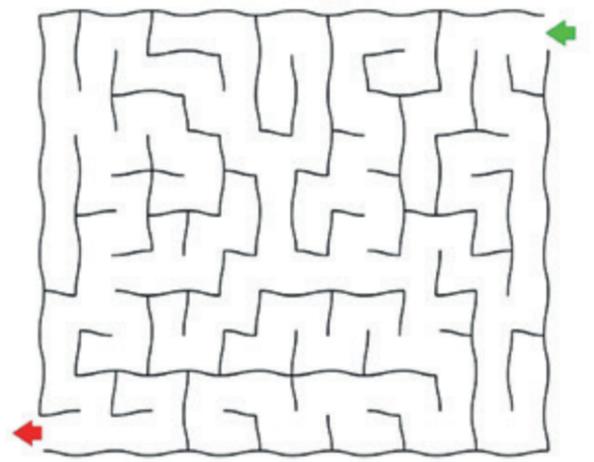
QUICK QUIZ

- 1) Who did the Queen invite for a cup of tea during the recent Jubilee celebrations?
- 2) What are the 2 colours of the Ukrainian flag?
- 3) Who is Harry and Meghan's baby daughter, Lilibet, named after?
- 4) Volodymyr Zelensky is:
 - a) A "Dancing with the Stars" winner
 - b) A former actor
 - c) President of Ukraine
 - d) All of the above
- 5) Who said "I can smell the uranium on your breath" in the Oxford Union Debate in 1985?
- 6) Guess who is this member is?



Quiz answers on back page.

Solve the Maze



THANK YOU, TZU CHI FOUNDATION

Communicare has very happy and warm relationship with the Tzu Chi Foundation. Tzu Chi provide volunteers, wonderful support, and great meals to many of our Communicare friendship centres.

The Tzu Chi Foundation was established in 1966 by Dharma Master Cheng Yen on the impoverished east coast of Taiwan. From the early days, with only 30 members housewives would save two cents from their grocery money to help the poor. The foundation now has volunteers in 50 countries!

Tzu Chi's missions focus on giving material aid to the needy and inspiring love and humanity in both givers and receivers. These delightful volunteers bring a gentle, unassuming grace to our centres and are always there to lend a willing hand. Over many years, they have poured thousands of cups of tea and coffee, baked cakes, prepared soup, and sandwiches and provided wonderful support to our coordinators, members, and volunteers and we thank them for this.

"Spread Great Love around the world and inspire lasting compassion life after life." - Master Cheng Yen



A WONDERFUL LIFE Dot (Dorothy) Lamb

Dot is thankful for her wonderful life. Born just before the onset of WWII, Dot grew up in rural Pembrokeshire in the south-west of Wales, in the U.K. **“Pembroke was always Little England beyond Wales. Because the English went down to Pembrokeshire and built castles to keep the Welsh out. Pembroke doesn't really have Welsh speakers – you could learn Welsh at school if you were in the more junior classes.”**

Dot's father was a very generous man and when war broke out, he immediately offered up all his outbuildings for evacuees to come and live in. He was also a real animal lover; the cows used to trail behind him across the fields and nuzzle up to him, hoping he had treats in his pockets for them. Naturally, he did.

Dot learned German at school which her parents were not very pleased about. They even had a German student, Krista, living with them and, as a result, people wouldn't come to the house. Then Dot failed School Certificate German and her father was not amused. Five days after the results came out, he packed her off to Krista's family in Germany to go to school there. Krista had two younger brothers and "with a bit of

bribery of a few sweets" they would help her with her homework. It was a three-month stint and Dot was back home for Christmas – her German slightly improved.

After she left school, Dot trained as a nurse at King's College Hospital in London, living in the nurse's home in Elephant and Castle. Her father would come up for a weekend once a year from southern Wales and take Dot and her sister out for dinner and buy them both a new "outfit" from one of the big Oxford St department stores.

Dot had many suitors during this time; the one her parents liked the most was an orthopedic surgeon whose father used to turn up in a Rolls Royce. The nursing home

was very strict and the trainee nurses were only allowed to see any young gentleman once a week. Then, "suddenly someone wanted to see me every day... Isn't that lovely?" This was a young New Zealander on his big O.E. It was November when Dot and Garth first met and they were married the following July.

Dot and Garth will celebrate their 60th wedding anniversary later this year.

Dot has been a Communicare volunteer for 52 years she radiates the love, joy and enthusiasm that is part of what makes Communicare so special. Communicare congratulate Dot for her commitment to Communicare.

SERVICE DIRECTORY

**ADVERTISE
YOUR
BUSINESS
HERE!**

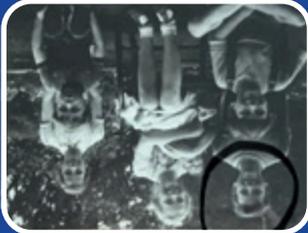
CONTACT US NOW

When there's a Will there's a way to support tomorrow's Seniors.



Leaving a gift to Communicare in your Will can make a real difference. In 'lieu of Flowers' is now a well known concept for you to support your loved one whilst supporting their chosen charity.

To find out more about leaving a gift in your Will talk to a Communicare Representative
Ph 09 6315968 or
email Sara@communicare.org.nz



- Quick Quiz answers**
- 1) Paddington Bear
 - 2) Blue and Yellow
 - 3) Queen Elizabeth (it was her childhood nickname)
 - 4) All of the above
 - 5) David Lange
 - 6) David Apple

Auckland Transport Total Mobility scheme

Communicare is an agent for the Auckland Transport Total Mobility scheme.

For more information, or to arrange an assessment, call the office on (09) 631 5968.

A trained assessor will contact you to make a booking.

Please note, there is a fee for this service (discount rate for Communicare members).



Yes, I would like to make a donation and help Communicare to increase Friendship Groups around Auckland.

Mr/Mrs/Ms/Miss/Other: _____ First Name: _____

Surname: _____

Street address: _____

Town/city: _____ Postcode: _____

Phone: _____

Email: _____

Donation amount

\$25 \$50 \$75 Other

Please charge my credit/debit card:

Name on card: _____

Card Number

Expiry date: / Signature: _____

Or by internet banking: 12-3048-0279446-00

Regular Giving

I would like to give;

Weekly Fortnightly Monthly

Please tick the appropriate box



Please cut off and send this donation slip to:
14 Erson Ave, Royal Oak
P O Box 24535 Royal Oak Auckland 1345